

Personal Values Worksheet

What are your key values? Circle the top 5-10 values that feel the most important to you. Add values of your own if necessary.

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|----------------|-----------------|--------------|----------------------|-----------------|
| Accountability | Curiosity | Humor | Peace | Simplicity |
| Achievement | Diversity | Independence | Perseverance | Spirituality |
| Adaptability | Efficiency | Initiative | Personal fulfillment | Stewardship |
| Adventure | Fairness | Integrity | Power | Teamwork |
| Ambition | Faith | Intuition | Pride | Thrift |
| Authenticity | Family | Joy | Recognition | Time |
| Balance | Freedom | Kindness | Reliability | Tradition |
| Beauty | Friendship | Leadership | Resource - fulness | Travel |
| Belonging | Future thinking | Learning | Respect | Trust |
| Collaboration | Generosity | Legacy | Responsibility | Vision |
| Commitment | Grace | Leisure | Risk-taking | Wealth |
| Community | Gratitude | Love | Security | Wisdom |
| Compassion | Growth | Loyalty | Self-discipline | Write your own: |
| Confidence | Harmony | Nature | Self-expression | _____ |
| Connection | Health | Optimism | Self-respect | _____ |
| Courage | Honesty | Patience | Service | _____ |
| Creativity | Hope | Planning | | |

What values are you honoring in your current spending habits? How do they show up?

Which values would you like to honor more when it comes to managing your money?

What's one change you plan to make in the next week to better align your spending with your values?